

## Volunteers Needed Can you help?



- ◆ Could you help in a day centre?
- ◆ How about joining the befriending scheme?
- ◆ Could you drive a mini bus or use your car to transport clients to and from the centres (car driver expenses reimbursed)
- ◆ How about helping in a shop or assisting with admin

Do something really rewarding in 2010

**AGE**  
*Concern*

Registered Charity number 1094385

To find out more please call  
Gill Ball on 01227 787313 or  
07735556811